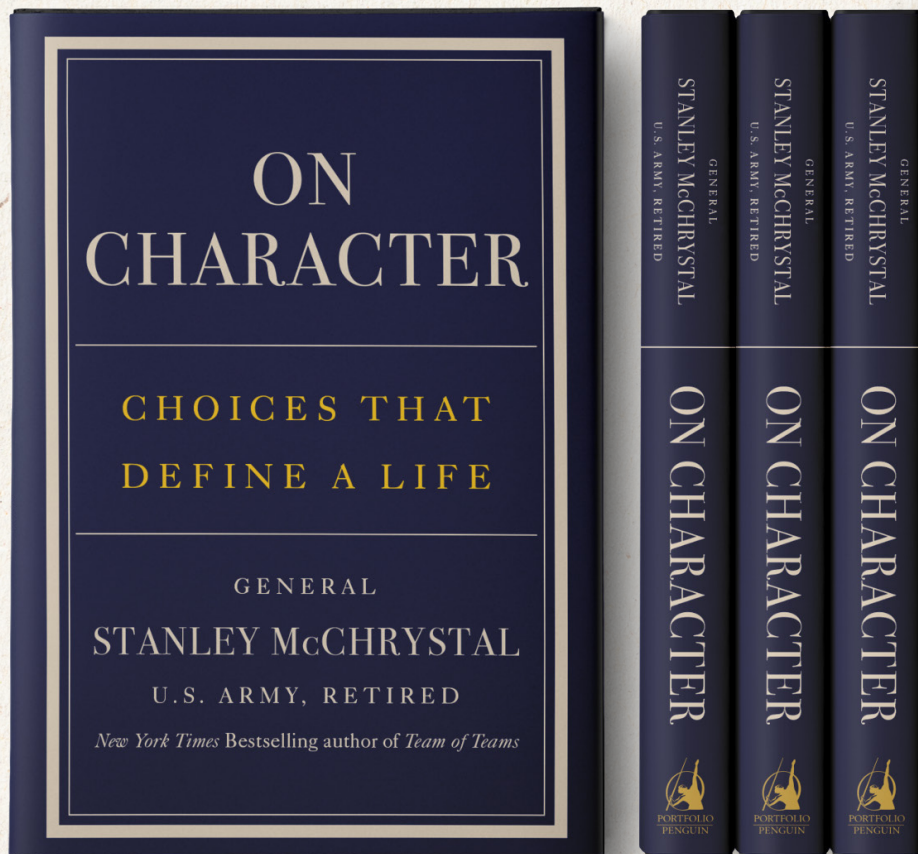


McChrystal Group

BOOK CLUB

DISCUSSION GUIDE



OVERALL THEMES

1. How does McChrystal define character? How does his definition compare to your own understanding of character?

2. What are the key components of character, according to McChrystal? How do these components interact with each other?

3. What is the relationship between character and leadership? How can we develop character in ourselves and others?

4. How does McChrystal's experience as a military leader shape his views on character?

5. What are some of the biggest challenges to maintaining character, according to McChrystal? How can we overcome these challenges?

6. How does McChrystal's concept of "digital leadership" relate to the development and maintenance of character?

7. What is the role of character in navigating difficult situations, such as those involving moral dilemmas or ethical compromises?

8. How can we cultivate a culture of character in our workplaces, schools, and communities?

PART 1:

CONVICTION

KEY POINTS

1. How do our convictions shape our character?

2. What is the importance of having strong convictions?

3. How can we develop and strengthen our convictions?

PART 2:

DISCIPLINE

KEY POINTS

1. What is the role of discipline in developing character?

2. How can we cultivate self-discipline?

3. What are some examples of discipline in action?

PART 3:

CHARACTER

KEY POINTS

1. How can we live up to our values?

2. What are some of the challenges to living a life of character?

3. How can we inspire others to develop character?

ACTIVITIES



Character Self-Assessment

Have each member take a personality test or self-assessment to gain insights into their own character strengths and weaknesses.



Guest Speaker

Invite a local leader or community member who embodies strong character to speak to the group.



Character Case Studies

Discuss real-life examples of individuals who have demonstrated exceptional character in challenging situations.



Action Plan

Have each member develop a personal action plan for cultivating and strengthening their character.



Volunteer Project

Organize a group volunteer project to give back to the community and reinforce the importance of service to others.



Role-Playing

Engage in role-playing exercises to practice demonstrating character in challenging interpersonal situations.



Debate

Hold a debate on a controversial topic that highlights the importance of character in decision-making.



Creative Writing

Have each member write a short story or poem that reflects their understanding of character.



Art Project

Create a group art project that visually represents the concept of character.



Field Trip

Visit a local museum or historical site that showcases individuals who have demonstrated strong character throughout history.

McChrystal Group

McChrystal Group makes it possible to optimize your organization without compromising performance. Forged in combat and proven across industries, we use our Team of Teams® framework to transform how your people, processes, and technology work together so you can optimize the organization on your terms.

For more information, visit us at mcchrystalgroup.com.

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